



# THE HULL & EAST RIDING KARATE ACADEMY

## Certificate of Achievement 2016

### Sporting Excellence in Karate

#### Regional Level

## Mia Bower

This is to certify that Mia Bower has performed to a very high standard in Competition Sport Karate throughout 2016 winning the medals and titles listed below:-

### Championship Success - 1 Gold

**Shindo Kai Junior Championships** - 13<sup>th</sup> March, Barnsley

Gold - Individual Kata

Congratulations on your sporting achievements throughout 2016. Well done Mia.

Sensei Wayne Clarke 3<sup>rd</sup> Dan  
Head Coach - The Hull & East Riding Karate Academy

